

[weeknight](#), [beef](#), [cold weather](#), [pressure cooker](#), [needs pic](#), [incomplete](#)

## Pressure Cooker Pot Roast

2020/09/20

### Ingredients

- ~1.5lb Beef Pot Roast
- 2x weight of beef in Potatoes<sup>1)</sup> (into 1" rounds)
- 2 Medium Onions (Quartered)
- 3 Carrots (into 3" pieces)
- 1.5 cup Chicken Stock
- 1TBS Worcester sauce
- 1TBS Smoked Paprika
- 1 cup red or white wine
- 1/4 butter
- Oil (Olive or vegetable)

### Method

1. Add 1TBS oil to pressure cooker set to saute function
2. Once pot is hot, add roast and thoroughly season with salt and pepper
3. Brown all possible sides of roast, then set aside
4. Add chicken stock and scrape to de-glaze pot, then add paprika, worcester sauce, and onion. Stir to combine.
5. Place roast on top of onions, seal pressure cooker and cook on high pressure for 45-55 minutes (depending on thickness of roast cut)

### Notes

Recipe adapted from Instant Pot's pack-in-book [Electric Pressure Cooker Recipes](#)

<sup>1)</sup>

Yukon Gold preferred

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