breakfast, french, egg, citrus, complete

Crepes

Date added: 2021/2/14 This recipe is a ratio, so we expect you to have a scale for this one. It's a bit different, but we promise it's worth the brain power! For our choice crepe variant, see Crepes Suzette below the main crepe recipe.



Ingredients

Start with 1 egg per person: Other ingredients by weight

- 1 part Egg
- 1 part Milk
- ½ part Flour
- 1 TBS butter per egg

Example for 3 people

- 3 eggs for 150g
- 150g of milk
- 75g of flour
- 3 TBS butter

Method

- 1. Melt butter, and set aside to cool
- 2. Whisk milk and eggs together until smooth
- 3. Whisk milk and egg mixture into flour until smooth, but for no more than 1 minute
- 4. Add butter to mixture
- 5. Set batter aside for a minimum of 15 minutes, up to a full day; we shoot for 30 minutes
- 6. Heat a large nonstick skillet over medium heat until evenly heated (don't worry about overheating your nonstick pan at this temp, it will be fine)
- 7. Brush a very small amount of butter into the pan just to get it primed for the first crepe

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- 8. Pour \sim 1/3 cup of batter into your pan, and tilt pan to evenly distribute batter in a thin layer
- 9. After \sim 30 seconds, flip and cook on other side for \sim 10 seconds until both sides are barely starting to brown
- 10. Remove from pan and set aside on plate while finishing your batch; Because the thermal mass of the crepes are so low, we strongly suggest preheating the plate you will be stacking them on
 - 1. If filling, stack flat on plate
 - 2. If covering in sauce, fold into quarters and stack

Crepes Suzette

This is our go to variant of this dish. It consists of covering your folded crepes in a sweet citrus sauce.

Ingredients

Per serving

- 1 TBS butter
- ¹/₄ Cup Orange Juice; the more pulp the better
- 1 small Orange in 1cm pieces
- 2 TBS sugar

Method

- 1. Combine ingredients in small sauce pan
- 2. Simmer over medium heat until sauce is thickened and fruit is breaking down
- 3. Serve generously over crepes

Notes

Inspired by: https://www.youtube.com/watch?v=sF6TcQbRnpc

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