

untagged, needs pic, incomplete



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Chai Spice

Date added: 2026/05/24

Ingredients

- 3 TBSP (20g) green cardomom
- 1 TBSP (8g) black pepper
- 8g cinnamon
- 1 TBSP (6g) cloves
- 1 TBSP (7g) fennel
- 1 large star anise
- 1 medium nutmeg (5g)

Method

1. Add all items to blender, blend until fine powder. Store in sealed jar.
2. To make chai, add 1 tsp, plus 1 tsp coarsely-ground dried ginger to black tea of choice. Strain and enjoy.

Notes

Inspired by: <https://www.indianhealthyrecipes.com/chai-spice/#wprm-recipe-container-153440>

From:

<https://wiki.cookie mountain.org/> - **Recipe Book**

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